

The Bahamas Sailing Association
The Nassau Yacht Club and The Royal Nassau Sailing Club

**Welcome you to the
2005 Summer Sailing Clinic**

RNSC Social Club Sailing

Week Starting: Instructor: Peter Marchant
May 23 – Tu/Th/Sat/Sun
May 30 – Tu/Th - Long Weekend - No Organized Weekend Sailing
June 6 – Tu/Th/Sat/Sun
June 13 – Tu/Th/Sat/Sun
June 20 – Tu/Th/Sat/Sun

All RNSC & NYC members welcome.

Fee Schedule - \$30.00 for entire week.
If done separately, \$10.00 /Tu - \$10.00/Th - \$20.00/Sat - \$20.00/Sun.

Private Lessons

The RNSC and Peter Marchant will be offering Private Lessons/Classes. Please check availability and make arrangements with Peter.

Organized Club Activities – RNSC/NYC

Week Starting:
June 26 – FAY REGAN – “LITTLE SALTS” Program at the RNSC

- Open to children 6 – 8 (Parent participation necessary)
- Depending on participation we hope to have two 3 hour sessions - 1st Session – 9:30 – 12:30, 2nd Session 1:30 – 4:30
- 7 days each – Sunday (26th) to Saturday (2nd).
- 6 kids MAX per session (Only 12 kids will be signed up)
- \$100.00 per session (NYC & RNSC). Non-Members \$150.00

Please contact Tania @ RNSC, Franny or Ann Marie asap if you wish to enroll a child.

Optimist Dinghy - Session 1 (two weeks) - June 27th to July 8th

This programme is open to children ages 8 to 15 from beginners to advanced and must be competent swimmers.

MON June 27	TUES June 28	WED June 29	THURS June 30	FRI July 1		MON July 4	TUES July 5	WED July 6	THURS July 7	FRI July 8
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Location: Nassau Yacht Club ~ Time: 8:30 to 3:30 ~ Price: \$150.00 per week (inclusive of lunch)

Call Donna Knowles at 393-5132 or fax 393-8184 to reserve your spot at the Clinic.

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The activities at this point will switch gears and split up. Starting July 12th, the NYC will have a two week Sunfish Program (2 weeks), but will continue a beginner "Green Fleet" Optimist Program (6 weeks). Sign-up with Donna @ NYC. The RNSC will start an Advanced "Red, White and Blue" Optimist Program for 6 weeks. The Program at the RNSC will be designed to accept all advanced sailors, as well as 5 graduating "green fleet" sailors every two weeks (or weekly if necessary).

Sunfish - Session 2 (two weeks) - July 12th to July 22nd

This programme is open to anyone owning his or her own sunfish, is a competent sailor either single-handed or with a crew and is a competent swimmer.

Optimist Dinghy - Session 2 (two weeks) - July 12th to July 22nd

This programme is open to children ages 8 to 15 from beginners to intermediate and must be competent swimmers.

MON holiday	TUES July 12	WED July 13	THURS July 14	FRI July 15		MON July 18	TUES July 19	WED July 20	THURS July 21	FRI July 22
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Location: Nassau Yacht Club ~ Time: 8:30 to 3:30 ~ Price: \$150.00 per week (inclusive of lunch)

Call Donna Knowles at 393-5132 or fax 393-8184 to reserve your spot at the Clinic.

Optimist Dinghy Advanced - Session 2 (two weeks) - July 12th to July 22nd

This programme is open to children ages 8 to 15 and must be at the advanced level.

MON holiday	TUES July 12	WED July 13	THURS July 14	FRI July 15		MON July 18	TUES July 19	WED July 20	THURS July 21	FRI July 22
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Location: Royal Nassau Sailing Club ~ Time 9:00 to 3:30 ~ Price: \$100.00 per week

Call Ann Marie Hall at 424-1500 or e-mail annmariehall@twotreesrealty.com to reserve your spot at the Clinic.

Optimist Dinghy - Session 3 (two weeks) - July 25th to August 5th

This programme is open to children ages 8 to 15 from beginners to intermediate and must be competent swimmers.

MON July 25	TUES July 26	WED July 27	THURS July 28	FRI July 29		MON holiday	TUES Aug 2	WED Aug 3	THURS Aug 4	FRI Aug 5
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Location: Nassau Yacht Club ~ Time: 8:30 to 3:30 ~ Price: \$150.00 per week (inclusive of lunch)

Call Donna Knowles at 393-5132 or fax 393-8184 to reserve your spot at the Clinic.

Optimist Dinghy Advanced - Session 3 (two weeks) - July 25th to August 5th

This programme is open to children ages 8 to 15 and must be at the advanced level.

MON July 25	TUES July 26	WED July 27	THURS July 28	FRI July 29		MON holiday	TUES Aug 2	WED Aug 3	THURS Aug 4	FRI Aug 5
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Location: Royal Nassau Sailing Club ~ Time 9:00 to 3:30 ~ Price: \$100.00 per week

Call Ann Marie Hall at 424-1500 or e-mail annmariehall@twotreesrealty.com to reserve your spot at the Clinic.

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Optimist Dinghy - Session 4 (two weeks) - August 8th to August 19th

This programme is open to children ages 8 to 15 from beginners to intermediate and must be competent swimmers.

MON Aug 8	TUES Aug 9	WED Aug 10	THURS Aug 11	FRI Aug 12		MON Aug 15	TUES Aug 16	WED Aug 17	THURS Aug 18	FRI Aug 19
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Location: Nassau Yacht Club ~ Time: 8:30 to 3:30 ~ Price: \$150.00 per week (inclusive of lunch)

Call Donna Knowles at 393-5132 or fax 393-8184 to reserve your spot at the Clinic.

Optimist Dinghy Advanced - Session 4 (two weeks) - August 8th to August 19th

This programme is open to children ages 8 to 15 and must be at the advanced level.

MON Aug 8	TUES Aug 9	WED Aug 10	THURS Aug 11	FRI Aug 12		MON Aug 15	TUES Aug 16	WED Aug 17	THURS Aug 18	FRI Aug 19
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Location: Royal Nassau Sailing Club ~ Time 9:00 to 3:30 ~ Price: \$100.00 per week

Call Ann Marie Hall at 424-1500 or e-mail annmariehall@twotreesrealty.com to reserve your spot at the Clinic.

1st BAHAMAS OPTIMIST NATIONALS

The 1st Bahamas Optimist Nationals will be held on September 24 and 25. We will use the regatta on August 13th and 14th as a warm up for this event. Our goal is to have 50 boats!

PAYMENT

We would appreciate it if all payments related to:

- the RNSC Junior Sailing Program events, be made payable to **RNSC Junior Sailing**.
- The NYC Junior Sailing Program events, be made payable to **NYC**.

Thank you for your cooperation!

For more information or updates about this program, please visit the "Youth" section of Bahamas Sailing Association Web site at www.bahamassailing.org